

Look Mum, No Hands

Accessibility and Inclusion Rider

Company Name: Daryl Beeton productions and Mimbre

Show Name: Look Mum, No Hands!

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Note: This document contains confidential information, please do not share without our prior consent.

Overview

Look Mum, No Hands! is a tender story about friendship and growing up. It explores a visually beautiful, and physically surprising, coming-of-age story about two friends testing their own boundaries. Together they explore freedom, taking risks and independence and how they change depending on if you're Disabled, or not.

Look Mum, No Hands! playfully explores this idea of independence vs interdependence, vulnerability and strength, using striking physical imagery that will linger in people's minds. The performance takes creative advantage of the fact that one of the characters uses a wheelchair to create new acrobatic shapes and choreographies that are original and unexpected. Using a combination of theatre, movement and acrobatics as a powerful narrative tool, the two friends play, pushing the boundaries of what is possible, until together they find the perfect balance of each of their limits.

Look Mum, No Hands! is a Daryl Beeton Productions and Mimbre co-production.

Audience demographic

- Family audiences
- School audiences
- Disabled audiences: We are experienced in creating Relaxed Performances, suitable for Disabled audiences and can work with venues/festivals to support delivery.
- Deaf audiences and people for whom English is not their first language: It is non-verbal and is highly visual in style, making it accessible without BSL/captions.
- Rural audiences - This show is suitable for rural touring

This story of friendship, growing up and figuring out how to be independent is something everyone can relate to. Created with a mixed group of Disabled and non-disabled young people, *Look Mum, No Hands!* is directly based on the real experiences of young people, making it recognisable and relevant to them. Our approach is to show rather than tell, so audiences will experience visually surprising sights and imagery, which will stay with them and perhaps help to shape new perceptions of Disabled people.

Look Mum, No Hands! offers audiences a captivating show, with a real sense of risk in the movement of the performers onstage, certain to keep young audiences riveted. It is a wonderful opportunity for young Disabled audiences to see themselves represented onstage and to challenge misconceptions

Integrated accessibility

- The show is predominantly non-verbal
- To ensure that LMNH is able to tour and be presented in the most inclusive way possible the audience experience, both creatively and accessibility, has become a key factor in the overall design of the piece, to ensure the audience feel a part of this intimate production. Therefore we will tour with our own seating to create a more inclusive audience seating area
- The performers will 'invite' the audience seats during a 'pre-show' moment. This is an opportunity to introduce themselves and provide any live audio description of themselves or the space as required, proving a relaxed start to the show
- We have ensured there are high colour contrasts between the set design and the performers' costumes to support audiences to distinguish the movement of the performers.

Access Notes

- We will provide 'easy read' synopsis
- We will provide an audio introduction, which will introduce the performers, the design and a brief overview of the show.

Company Access Requirements

- 50% of the company are wheelchair users and therefore we require:
 - Venue/festival site - There needs to be step free access across the venue/festival for both artist and audiences
 - Performance area - There needs to be step free access onto/into the performance area for both artist and audience
 - Dressing Rooms - An accessible, secure and heated dressing room and accessible toilet facilities either in the room or nearby.
 - Step free routes - There needs to be step free access between dressing room, backstage and performance area
 - Transfers - If you are providing transport between location (e.g. Airport to venue, venue to hotel etc) then this transport needs to be wheelchair accessible.
 - Hospitality - If you are holding events, festival meals or parties please ensure the venue for these are step free and have an accessible bathroom

- Accommodation - Accessible room(s) with an accessible wet room/bathroom is required and step free access to other facilities such as lounges and bar areas. These rooms often need to be triple checked as an on paper 'accessible room' might not always be so accessible in real life. **When traveling with an access worker it is necessary that they have a room next door or across from the accessible room.**
- Travel and Accommodation must be discussed before booking.
- Definition of "Step Free" - Step-free access means **lifts, ramps and level surfaces** so you don't have to use stairs or escalators. Even just one step means it is not step free and not accessible

Company Inclusion Information:

Preferred Pronouns, preferred visual descriptions of company members

Name/Performers	Danielle Summers	Laura Dajao	Kat Ball (understudy)
Preferred pronouns	she/her	she/her	she/they
Preferred visual description	white woman with ginger hair	A curvy brown skinned Filipino female wheelchair dancer, with an above right knee amputation sat in a manual wheelchair.	White woman with short/cropped brown hair

Performance Information

Text

Does the piece include text/ speech?	Minimal
Are there any sudden changes in volume, surprising sounds or loud sound effects?	No
If so, please provide details here:	N/A
Is there any music?	Recorded
Is there any text/ poetry/ spoken word built in to the soundtrack? Please provide text below.	No
Has a BSL interpreter worked with you in rehearsals that you would recommend for this performance?	N/A

Visuals

Does this show have Audio Description ?	No
Do you have a Pre-show Audio Notes/ Trailer?	https://mimbre.co.uk/look-mum-no-hands-easy-read-and-audio-description/
If not, would you be happy to work with an Audio Describer?	Yes
How much does the piece rely on visuals? Are the visuals needed to tell the story?	Yes.
Have you used colour contrasts for costumes and set?	Yes
Do you have equipment/ time/ staff for a Touch Tour?	The design is very simple and we have built in a 'pre-show' intro with the performers who would describe themselves and the design as required

Content

Does the show deal with potentially distressing issues or themes? (E.g. violence, death.)	No
Are there any loud noises, bangs, pyro, fireworks etc?	No
Is this a 'relaxed' performance?	Yes
Is there a Pre-show introduction or can there be? I.e: Familiarisation, Touch Tour or introduction to the characters/themes of the performance? This could be done on the day or filmed in advance online.	Yes. we have built in a 'pre-show' intro with the performers who would describe themselves and the design as required
Have you created an Easy Read Synopsis, a Visual Story or relaxed pack? Link here in PDF and word: If not, would you be willing to provide this information?	https://mimbre.co.uk/look-mum-no-hands-easy-read-and-audio-description/
What is the recommended age for this performance?	Family audiences

Site

<p><i>If the piece is static:</i></p> <ul style="list-style-type: none"> - Is there a best position for Access Audiences for sight-lines? - Have you considered sight lines/access for wheelchair users? 	<p>To ensure that LMNH is able to tour and be presented in the most inclusive way possible the audience experience, both creatively and accessibility, has become a key factor in the overall design of the piece, to ensure the audience feel a part of this intimate production. Therefore we will tour with our own seating to create a more inclusive audience seating area</p>
<p>Do you have any access signage needed for this event? Ie:</p> <ul style="list-style-type: none"> - Use of Captioning - QR code for pre-recorded Audio Description - QR code for pre-recorded introduction 	<p>Yes. We will have QR codes for the pre-recorded audio information and intro and for the Easy read synopsis.</p> <p>Festivals & events are requested to have hard copies of the Easy read synopsis available at each performance.</p>
<p>Do you have any Access Announcements?</p>	<p>No</p>
<p>Do you have any additional comments around site accessibility for audiences, artists or production team?</p>	<p>See Company access requirements</p>


Marketing

All our marketing information can be found here

https://drive.google.com/drive/folders/1_ubdWZQqSWnHqAYn7Toi2I_AeKLF09Be?usp=sharing

Alt Text for images:

Please use this ALT text when using our images online or across Social media platforms

Image	Alt-Text
	<p>In the centre of the images are 2 performers. Laura, a curvy brown skinned Filipino female wheelchair user with an above right knee amputation wearing a plum coloured dress. She is sat in a manual wheelchair. Danielle, a white woman with ginger hair in ponytails is wearing an ochre jumpsuit. Together they create the shape of a starfish. Laura's left arm is stretched outwards and her right arm is clasped around the waist of Danielle. Danielle has her legs spread out midair, her feet are</p>

flexed, and her right arm is stretched outwards. They look at each other smiling. Behind them is a sunny urban street with a blue sky. They're framed by bare-branched trees.



In the centre of the images are 2 performers. Laura, a curvy brown skinned Filipino female wheelchair user with an above right knee amputation wearing a plum coloured dress. She is sat in a manual wheelchair. Danielle, a white woman with ginger hair in ponytails, is wearing an ochre jumpsuit. Together their bodies are entwined and stretch out.

Danielle is upside down, with legs in a split, supported by Laura who leans to the left. Laura's left hand holds Danielle's ankle and her right arm is clasped around her waist. Danielle holds her own left ankle and has her left hand on Laura's knee. They look out at the viewer smiling. Behind them is a grey asphalt path going off into the distance. They're framed by trees and shrubbery. A blue sky peaking out from between the leaves.



In the centre of the images are 2 performers. Laura, a curvy brown skinned Filipino female wheelchair user with an above right knee amputation is wearing a plum coloured dress. She sat in a manual wheelchair.

Danielle, a white woman with ginger hair in ponytails, is wearing an ochre jumpsuit. She is upside down in a one arm handstand position with legs split creating a Y shape with her body. She is supported by Laura who holds one of Danielle's ankles. They look out towards the sunlight smiling. They are on a grey sunlit asphalt path. Behind them are trees and shrubbery and a bright blue sky.